What is the difference between HIV & AIDS?
- HIV is a virus that lives in the blood and can cause a person to get sick with the disease called AIDS. A person is diagnosed with AIDS if their white blood cell count gets so low from HIV infection that their immune system can no longer fight off other illnesses.

What does HIV Stand for?
- Human Immunodeficiency Virus

What does AIDS Stand for?
- Acquired ImmunoDeficiency Syndrome.

What are the three ways that HIV is spread?
- Direct wet blood to wet blood contact with someone who has HIV.
- An HIV positive mother could pass HIV to her baby through birth or breast milk, but only if she doesn’t get the right medication to prevent it.
- Unprotected sexual activity with someone who has HIV, but you’ll learn more about that in middle & high school.

Before you ask, “What if...would you get HIV or AIDS?” remember that the HIV virus only lives in the blood and it dies when it touches the air. What are some of the many activities that DO NOT put you at risk for HIV or AIDS infection?
- You cannot get HIV or AIDS by hanging out with someone with HIV, hugging them, kissing them, holding hands using a toilet after them, or even using the same glass or spoon that was used by someone who has HIV or AIDS.
- You cannot get HIV or AIDS from dried blood or blood that has been exposed to the air.
- You cannot get HIV or AIDS by giving or receiving blood at a hospital because that blood is tested first to make sure that it’s safe.
- You cannot get HIV or AIDS from a mosquito bite or from any other bug or animal.

Unfortunately there is still no cure for HIV or AIDS. Why do you think it is important to treat someone with HIV or AIDS with respect, or the same way that you would like to be treated?

We’d love to receive fan letters and drawings from your students telling us what liked about the show and what they learned today!
Get Real! 2014 Scenes and Characters

The 4D's
Derrick
Dana
Daniel
Dominique
Survivor Alcatraz
Ashley
Bogus
Sweeney
Gwenyth
New Kid Rap
White Blood Cell Heroes
Captain Immune
Thor-a the Explora
Iron Lady
The Incredible Hunk
How Popular Are You?
Cheesy Sideburns
Marty
Stacy
Al
Not So Far Wars
Duke Flyswatter
Princess Lola
C3PU
Yoga
What’s the Matter With Allison?
Allison
Her Friends

Teachers please fill out our ONLINE SURVEY about this play...

www.nctcsf.org/get_real.html

The link to the survey is at the bottom of the page.

This feedback is very important to us as we continue to secure funding and develop this program for future young audiences.

Questions About this Program?
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(415) 694-6149

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