

YouthAware Educational Theatre at the New Conservatory Theatre Center Proudly Presents ...

Get Real! By Doug Holsclaw

An HIV Prevention & AIDS Education Play for 4th & 5th Graders

Originally Developed by Ed Decker • Directed by Sara Staley • Stage Manager Renee LeVesque

Performing at NCTC January 26th – February 11th 2010 • Mondays through Thursdays at 10am & 11:30am

Starring Giovanna Arieta, Jesus Fuentes, Pearl Marill, & Zack Scott

Thanks for bringing your class to see *Get Real!* Please monitor your students during the performance to prevent any disruptions. We ask that everyone please remain seated for the entire program. Immediately following the play, there will be a quick Q&A with the cast, and there will be a few minutes at the very end where they will take questions from the students about HIV and AIDS. The following questions are provided to continue discussion in the classroom.

More Questions for 4th & 5th Graders About Healthy Choices, HIV & AIDS...

What is the difference between HIV & AIDS?

- HIV is a virus that lives in the blood and can cause a person to get sick with the disease called AIDS. A person is diagnosed with AIDS if their white blood cell count gets so low that they can no longer fight off other illnesses.

What does HIV Stand for? What does AIDS stand for?

- *Human Immunodeficiency Virus*
- *Acquired ImmunoDeficiency Syndrome.*

What are the three ways that HIV is spread?

- Direct wet blood to wet blood contact with someone who has HIV, or being accidentally poked by a needle with HIV infected blood in it, or sharing a needle with someone who has HIV.
- An HIV positive mother *could* pass HIV to her baby through birth or breast milk, but only if she doesn't get medication from a doctor first.
- Unprotected sexual activity with someone who has HIV, but you'll learn more about that in middle & high school.

Before you ask, "What if...would you get HIV?" what are some of the many activities that DO NOT put you at risk for HIV or AIDS infection?

- You can not get HIV or AIDS by hanging out with someone with HIV, hugging them, kissing them, holding hands using a toilet after them, or even using the same glass or spoon that was used by someone who has it.
- You can not get HIV or AIDS from dried blood or blood that has been exposed to the air.
- You can not get HIV or AIDS by giving or receiving blood at a hospital.
- You can not get HIV or AIDS from a mosquito bite or from any other bug or animal.

From the play you learned that making bad choices could at some point put you at risk for HIV infection. Do you think that using drugs or alcohol could cause you to get HIV or AIDS?

- While you won't directly put yourself at risk for getting HIV by using alcohol or some drugs, using any substance that impairs your judgment could put you at risk for HIV infection because it could cause you to make bad choices. Also, people who use intravenous drugs illegally sometime choose to share used needles rather than using new ones, and if someone who has HIV shares their drug needle, then they could pass the virus on to someone else who uses the same needle after them.

Why is it so important to treat someone with HIV or AIDS with respect or the same way that you would like to be treated?



We'd love to receive letters and drawings about what you learned today!

YouthAware Educational Theatre
25 Van Ness Ave., Lower Lobby
San Francisco, 94102

Visit us on the web at
www.nctcsf.org/YouthAware

Email sara@nctcsf.org or call (415) 694-6149,
with any questions about this program.

You may also download a copy of the script,
and/or this handout at
http://www.nctcsf.org/get_real.html .

YouthAware Educational Theatre at NCTC is Supported in Part By: Academy of Friends, Bill Graham Foundation, Bothin Foundation, California Wellness Foundation, Electronic Arts Foundation, Federal Centers for Disease Control, Fireman's Fund Insurance Company, Fleishhacker Foundation, GGS Foundation, Google, Horizons Foundation, James Irvine Foundation, Local Independent Charities, Louis R. Lurie Foundation, M-A-C AIDS Fund, Macy's Passport, Margaret A. Cargill Foundation, Morris Family Foundation, Mukti Fund/Queer Youth Theatre Fund, San Francisco AIDS Foundation, San Francisco Foundation, San Francisco Giants Community Fund, San Francisco Unified School District, Travelers Foundation, Until There's A Cure Foundation, Wells Fargo Foundation, William and Flora Hewlett Foundation, and the generous contributions of our individual donors.