

YouthAware Educational Theatre at the New Conservatory Theatre Center Proudly Presents ...

Get Real!

An HIV Prevention & AIDS Education Play for 4th & 5th Graders

By Doug Holsclaw • Originally Developed by Ed Decker • Directed by Sara Staley

Performing at NCTC January 31st – February 16th Mondays through Thursdays at 10am & 11:30am

HIV prevention and AIDS education for SFUSD has been an integral part of the YouthAware Educational Theatre program since its inception over 20 years ago. *Get Real!* uses engaging sketches with familiar characters to educate young people about the basics of HIV & AIDS, eliminate any stigma attached to the disease, and encourage young people to make positive, healthy choices. Each performance includes a Q&A with the cast after the show.

- New Conservatory Theatre Center (NCTC) is located at 25 Van Ness Ave. at Market St. in the lower lobby.
- Please go over proper theatre behavior with your class prior to your visit to NCTC, and monitor your students during the performance to help prevent any disruptions.
- Please be on time! There is no late seating for this play. Try to arrive 15 minutes before your performance to allow extra time for bathrooms & getting seated.
- The program runs approximately 1 hour, including the Q&A immediately following the performance.
- No food or drinks are allowed in the theatre. Snacks are permitted in the lobby if you arrive early, but we unfortunately cannot accommodate groups for lunch.

HIV Prevention Information for Elementary School Students...

- HIV is a virus that lives in the blood and it attacks the white blood cells or immune system until it causes a person to get sick with the disease called AIDS.
- The virus that causes AIDS is called the *Human Immunodeficiency Virus*, or HIV.
- AIDS stands for *Acquired ImmunoDeficiency Syndrome*.
- You cannot always tell by looking at someone whether they are infected with HIV because HIV lives in the blood, and it attacks the immune system or the white blood cells in the body that protect you from getting sick.
- The HIV virus is killed when it touches the air, so it is NOT spread like a cold or the flu.
- You CANNOT get HIV or AIDS by hanging out with someone with HIV, hugging them, kissing them, using a toilet after them, or even drinking from a glass that was used by someone who has it.
- You CANNOT get HIV or AIDS from a mosquito bite or from any other bug or animal.
- You COULD get HIV by mixing your wet blood from with someone else's wet blood that already has HIV in it.
- You COULD get HIV by getting poked by a needle you find on the ground that has HIV infected blood inside it.
- To be safe, you shouldn't touch needles you find on the ground mix or your blood with anyone else's.
- It's ok to give or receive blood or to get a shot at the doctor's office, because those needles are only used one time before they're thrown away properly, and all the blood in hospitals is tested to make sure it's safe.
- Mothers infected with HIV *can* pass the virus to their babies during pregnancy, during birth, or through breast-feeding, but new medications have made this much less likely.
- There is unfortunately still NO cure for HIV or AIDS, but new medications are helping HIV patients live much longer, healthier lives.



Email sara@nctcsf.org or call (415) 694-6149 with any questions about this program.

You may also download a preview copy of the script at http://www.nctcsf.org/get_real.html



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